

I Shall Not Want





Monday

Reader:

The Lord is my shepherd,
I shall not want.
He makes me lie down in
green pastures.'

Psalm 23

Prayer Leader:

This week, we're going to think about Jesus being our 'Good Shepherd'. Sometimes it can feel hard to imagine what a shepherd does, as we don't really see them apart from in stories. But when Jesus was alive, everyone He met would have known about shepherds and how they worked and lived.

In Sunday's Gospel, Jesus describes himself as the 'Good Shepherd'. This week, we are going to think about what shepherds do to help their sheep live life to the full and how Jesus does the same for us!



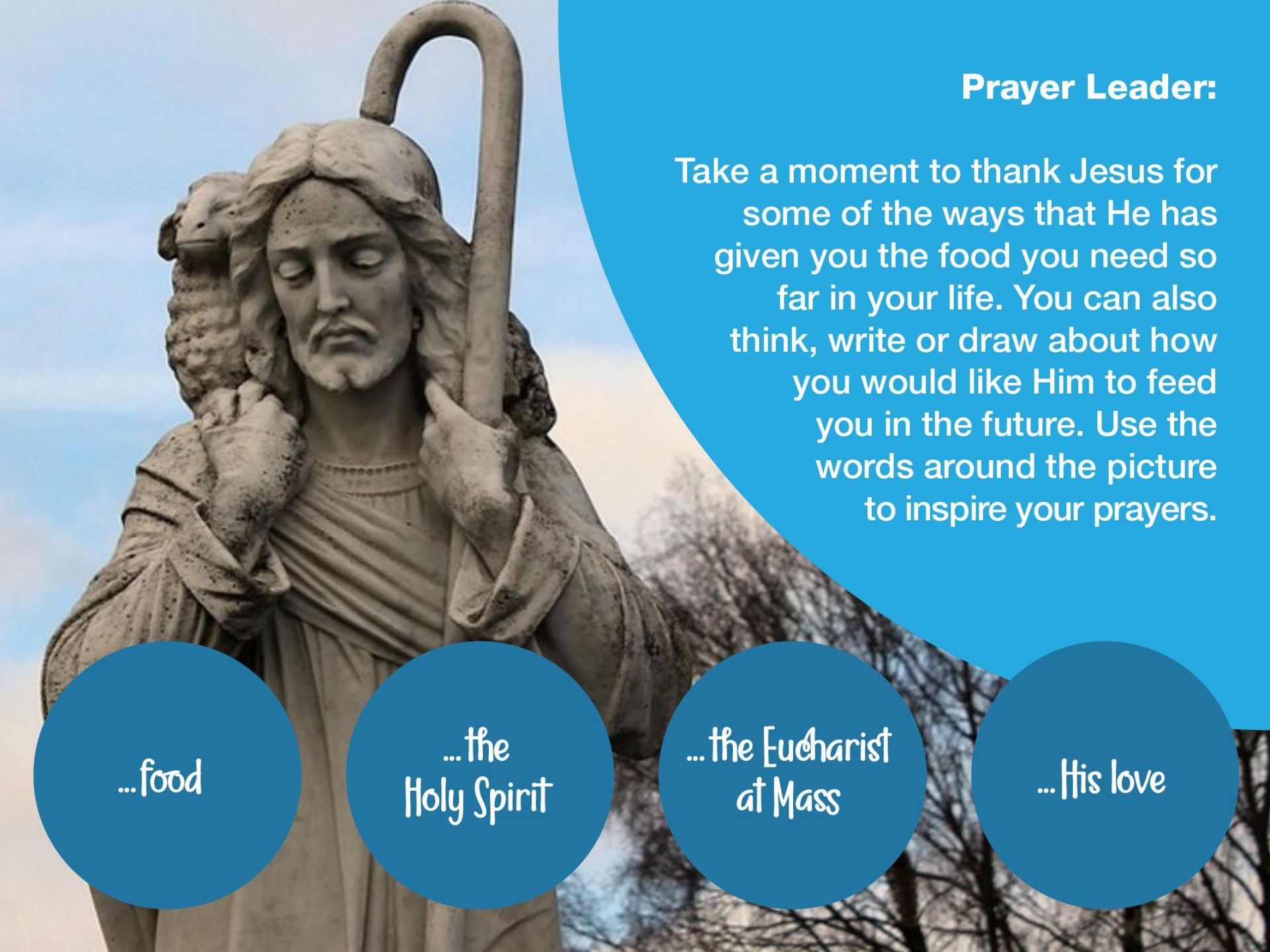
Prayer Leader:

One of the most important things that a shepherd always makes sure his sheep has, is enough **FOOD** to eat. Sheep eat grass, so the shepherd keeps moving them to new 'pastures' where they can eat fresh food.

Jesus feeds us too! He feeds our bodies and our spirits, and He helps us move to new places in our lives to get the food we need.

Each day this week, we're going to give thanks to Jesus. We will thank Him for giving us what we need. We're going to ask for His help too, so that we can really live our lives to the full.





Prayer Leader:

Take a moment to thank Jesus for some of the ways that He has given you the food you need so far in your life. You can also think, write or draw about how you would like Him to feed you in the future. Use the words around the picture to inspire your prayers.

...food

...the
Holy Spirit

...the Eucharist
at Mass

...His love